



## AMBER VALLEY TAI CHI CHUAN

### WUDANG - SABRE FORM - The Dao

| Technique Number | Technique Name                               |
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| 1.               | Ready Style                                  |
| 2.               | Tai Chi beginning style                      |
| 3.               | Grasping bird's tail                         |
| 4.               | Brush knee twist step                        |
| 5.               | Separating the sabre                         |
| 6.               | Dodge and display the sabre                  |
| 7.               | Picking a star on the left                   |
| 8.               | Advance to tease the genitals                |
| 9.               | Withdraw to divert with the sabre            |
| 10.              | Pierce the heart                             |
| 11.              | Hang the golden bell on the left             |
| 12.              | Push open the window to watch the moon       |
| 13.              | Swivel and chop                              |
| 14.              | Swivel and tease the genitals                |
| 15.              | Hanging the golden bell on the left          |
| 16.              | Climb the mountain to look into the distance |
| 17.              | Sparrow hawk turning around                  |
| 18.              | Roc spreading its wings                      |
| 19.              | Swallow entering its nest                    |
| 20.              | Advance and divert with the sabre            |
| 21.              | Stab the face                                |
| 22.              | Swivel hiding the sabre                      |
| 23.              | Point to the trousers with the sabre         |
| 24.              | Chop the tiger                               |
| 25.              | Swallow entering its nest                    |
| 26.              | Advance and divert with the sabre            |
| 27.              | Pierce the heart                             |
| 28.              | Swivel hiding the sabre                      |
| 29.              | Above three opening style                    |
| 30.              | Taking off the boots when drunk              |
| 31.              | Lying fish style                             |
| 32.              | Cloud sabre and hiding the sabre             |
| 33.              | Stab the face                                |
| 34.              | Turn around and chop                         |

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35. Searching the sea
  36. Retrieving the moon from the sea
  37. Hanging the golden bell on the left
  38. Opening the window to watch the moon
  39. Seven stars style
  40. Hungry tiger jumps over the stream
  41. Stab the face
  42. Lying tiger style
  43. Hiding the sabre style
  44. Pierce the heart
  45. Coiled dragon
  46. Coiled dragon stepping quickly
  47. Lying fish style
  48. Cloud sabre and hiding the sabre
  49. Pierce the heart
  50. Lying tiger style
  51. Lying fish style
  52. Cloud sabre and hiding the sabre
  53. Stab the face
  54. Lying tiger style
  55. Lying fish style
  56. Cloud sabre and hiding the sabre
  57. Pierce the heart
  58. Swivel and chop
  59. Searching the sea
  60. Sweeping a thousand soldiers
  61. Picking a star on the left
  62. Chop the tiger
  63. Returning horse carrying a bell
  64. Embracing the moon
  65. Rowing the boat with the current
  66. Flying oblique style
  67. Advance and chop with the sabre
  68. Swivel and chop
  69. Searching the sea
  70. Sweeping a thousand soldiers
  71. Shooting star chasing the moon
  72. Chop the tiger
  73. Cloud dragon playing in the water
  74. Swivel and chop
  75. Advance and chop
  76. Hiding the sabre style
  77. Pierce the heart
  78. Picking a star on the left

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79. Return the sabre style
  80. Brush knee twist step
  81. Tai Chi in unity
  82. Finishing style